

# 7 Tips I (your pet) Want You to Know!

## Tell Me What You Want

Tell me what you want me to do instead of what I'm doing. For example, a cat kept attacking his person's feet and drew blood.

When the pet parent dropped the "you must hate me" for "I love you and we have a wonderful life," the cat's behavior changed within minutes.



## Help Me Be Calmer

**I like to be calm. It is my natural state.** Sometimes I need help. To help cats, very slowly blink your eyes. To help dogs, yawn and look away. I will probably do it back to you.



## I Live in The Present Moment

I live in the present moment. Please tell people about my life with you and not my old story before I adopted you. Please say "She adopted me and we have a wonderful life. She has taught me to laugh again."



## Just Be with Me

Sit quietly and **spend some quality time with me** without doing anything else. Put down the phone, tablet, book, and stop watching the TV. Mindfully pet me (pay attention to only me) with long, gentle strokes. Sometimes you pet me without paying attention to me.



## I Hate Getting Lost!

If I go outside be sure I have **tags with current phone numbers** and it is readable. **Please microchip me** too because my collar can slip off.



## Tell Me When You Leave

**Yes, I really understand you and want you to talk to me.** When you leave (for work, shopping, vacation, or any reason), please tell me when you are coming home. Please tell me the time (5 pm or dinner time), the date (Tuesday or July 5th), or the number of days. I understand and appreciate knowing when you will be back.

bonus tip:

i love you!



## I Feel Your Emotions and Stress

When you are stressed, upset, or frustrated, or I am not behaving as you want, please exhale! Yes, please exhale. **When you relax then I relax.** I can feel your tension in your voice, in your body, and even down a leash.

**Free 15 Minute  
Phone Consult!**  
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